The Foundation of Creativity

Creativity is Love's work

Creativity can lift you and can suspend space and time. It's where you feel more alive, more real. It's mysterious, magical, enchanting, powerful. Creativity is a delicate thread that emerges from the synergy of the feminine and masculine

make something out of nothing.

Exalted Creativity is creating something that is inventively innovative - changing your life and your reality and changing the world - making the world new.

energy, the union of soul & spirit, and it calls you to create order out of chaos, to

Every expression of creativity is telling your story of who you are and who you are becoming.

The Nine Muses

Thalia: Innocence & humor **Clio:** Tradition and history

Urania: Celestial voice

Calliope: Singular, heroic voice of love Terpsichore: Dance and movement **Melpomene**: Sorrow & tragedy **Erato:** Epic voice of poetry **Euterpe:** Music (call of the divine) Polyhymnia: Choral music

Create a Sacred Place

Where you can enter solitude, where you go to create, to focus on your creativity, to retreat from the world to celebrate, dream, vision, ponder, play, listen to music, meditate. Mark it as your own with treasures that touch and inspire you and help you to remember.

Your foundation is not your creativity. Stand upon the foundation to stretch, reach, leap, and soar into the fires

Share (8th step)

Sharing your creativity will lead you forward to the next level of Celebrating Enchantment.

Celebrate Inspiration



Celebrate each step of the way. Celebrate your process, your accomplishment, your achievement. Celebrate the inspiration that manifested this creation. Be inspired by your own creation and inspire others by sharing your vulnerability.

Explore the Unknown

Consciously pause to explore the unknown. Plunge forward by stopping. Look for what is not obvious, not visible. Look for the presence that is not present in your work. Look for the emotion/thought that is inferred. Listen. Let it reveal itself.

Focus on What Matters

Creativity is alive, rich with animism, soul, and consciousness. It needs to breathe, inhaling you in and exhaling you out. But it also needs to rest. That is the time to focus on what fascinates you about your project. What is fascinating about it? Why does it matter to you? What new door has it opened for you?

Celebrate Enchantment

Honor and celebrate the sacred in enchantment. There is a reverie that comes from this celebration. It opens you to a flow of fantasy, of dreams and visions, to the unknown, to your Magical Child. Herein lies the thread of creativity. The thread of creativity can be lost or relinquished through fear, guilt, denied majesty. You can find it again within enchantment.

Create Sacred Time

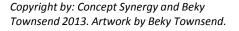
Consciously create time for solitude - sacred time - on a regular basis. Make it your time to play with the threads of creativity. It needs to be scheduled and honored. Make a commitment.

Seek Guidance & Protection

Creativity is a fragile thread that is easily lost or broken. Find a mentor (seen or unseen) and a Muse who will help you, guide you, protect you. They can help you tell your story through your expression of creativity of destiny, of who you truly are and who you are becoming. Your gift to the World.



of creativity to conjure the voices of innovation.





Conjuring the Voices of Creativity and the Whispers of Innovation

(a process)

The Voices of Creativity

Curiosity

Imagination

Everybody has imagination

curiosity. It gives boundaries

but it's important that it

emerges out of your

to your curiosity.

Where it begins. Curiosity holds the possibility and sets things in motion.



(half steps to help you move from one to another)

Integrity of Complexity

Being differentiated & integrated all at once. Being real about the range of your thoughts/feelings and then making a conscious choice. Own and honor your complexity.

Benevolence & Generosity

The willingness to share your vulnerability, a piece of yourself, with benevolence. To touch someone in the same way you have been touched.

Wisdom

than what you can reaffirm.

Patience & Wonder

Be patient with curiosity. Within your curiosity you can find wonder. Wonder speaks to your soul and spirit and causes you to lift to seek goodness and truth.

Compassion

Bring in your deep caring and it will lift you to inspiration. Compassion changes the nature of your inspiration and passion.

Joy

Out of your vulnerability let yourself feel that dynamic energy of joy. Then the wisdom will be richer, riper, and more beautiful.

To see the bigger picture without losing sight of the current one. Look to where you want to go more than where you have been. Look to what you can learn more

Resolve with Intensity

If you have resolve with intensity to be vulnerable, and are in the moment with patience and love, that vulnerability will be more real more focused, more powerful.

Vulnerability

Be vulnerable enough to put yourself into what you are creating.

Inspiration & Passion

Either passion that inspires, or inspiration that awakens my passion.

Courage & Daring

Courage is being willing to be wrong in the pursuit of what's right. Have the daring to act upon that courage and to put it into action so you are designing your own life.

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